

Ethics in Aging

MENTAL HEALTH AND OLDER ADULTS

3 Hours
Ethics CEUs

Friday, May 10, 8:30 a.m. – 12:30 p.m.

Legacy Plaza East Conference Center, 5330 East 31st St., Tulsa



Join LIFE Senior Services for a three-hour seminar where we'll delve into the important topic of ethical considerations when working with older adults navigating mental health challenges. Throughout our session, we'll explore the prevalence of mental health disorders, including substance use and abuse, and highlight the essential need for mental health care among older populations. Additionally, we'll shed light on the stigmas faced by older adults, which often hinder equitable access to care. Together, we'll define and tackle the ethical dilemmas associated with substance abuse and severe mental illness in this demographic, with the aim of enhancing professional competency in dealing with dementia and distinguishing it from other mental health conditions. We look forward to having you join us for this insightful and collaborative discussion!



Cost: \$75 / Early Bird Rate - \$65 (ends April 30)

To register, call (918) 664-9000, ext. 1081 or visit
www.LIFEseniorservices.org/professional-education

Ethics in Aging: Mental Health and Older Adults

AGENDA

- 8:30 a.m. Registration
- 9:00 a.m. Part I – Why Ethics and Aging? (Erin Powell, LPC)
Ethical Challenges Related to the Mental Health of Older Adults
- Battling ageism, stigma and increasing awareness
 - The invisible epidemic – substance use and abuse in older adults
 - Older adults with serious mental illness
- 10:30 a.m. Break
- 10:45 a.m. Part II – Neurocognitive Disorders in the DSM (Erin Powell, LPC)
A discussion of dementia and mental health treatment
- 12:15 p.m. Certificate Distribution

LEARNING OBJECTIVES

- Increase awareness of the importance of mental health care for older adults
- Define and better understand how bias, ageism, and stigma contribute to mental health inequities
- Define and discuss ethical challenges related to substance use disorders in older adults.
- Define and discuss ethical challenges related to older adults with severe mental illness
- Improve professional competency around dementia, including identifying and differentiating dementia from other mental health disorders

WHO SHOULD ATTEND

- LPC/LMFT
- LCSW, MSW
- Home Care Administrators
- Long-Term Care Administrators
- Case Managers
- Anyone in the health, aging or social services fields

CEU APPROVALS

- LPC/LMFT; LCSW/MSW (OK CEP# 20240210); home care administrators
- This program has been approved for three (3) continuing education participant hours from NAB/NCERS. Approval #20250509-3-A101500-IN.
- This program has been submitted to the Commission for Case Manager Certification for approval to provide three (3) hours of Ethics to board-certified case managers.



Erin Powell is a dedicated and accomplished Licensed Professional Counselor with nearly 15 years of working with older individuals who have Alzheimer's and dementia and their families. She is the Caregiver Support Specialist at LIFE Senior Services providing consultation and counseling services to anyone who finds themselves in the role of caregiver. In addition to her work as an LPC, Erin is a fully-licensed and board-certified art therapist and a gifted speaker and trainer.

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