

Quality of LIFE

For more than 30 years, LIFE Senior Services has provided nationally recognized adult day health services, offering a safe, friendly, daytime home for seniors and also younger adults with physical and developmental disabilities.

- Serving adults age 18 and older
- Opportunities for continued learning and new experiences
- Meaningful, age-appropriate activities
- Full-range of personal care services
- Individualized plan of care
- Nursing, health, and medication services; on-site physical therapy
- Safe, clean, accommodating environment
- Nationally accredited by CARF ensuring high quality and service
- Peace of mind for the entire family

LIFE's Adult Day Health

**3106 S. Juniper Ave.,
Broken Arrow**

5950 E. 31st St., Tulsa

902 E. Pine St., Tulsa

For More Information:

**Call: LIFE's SeniorLine:
(918) 664-9000**

or toll-free (866) 664-9009

Visit: www.LIFEseniorservices.org

Email: info@LIFEseniorservices.org



LIFE's Adult Day Health



Discover All That

LIFE

Has to Offer!



LIFE Enrichment for Participants

As your loved one spends time with us, they will enjoy:

New Friends: At a time when it might be difficult to meet people, dozens of smiling faces are eager to welcome them.

Fun Activities: Your loved one will enjoy participating in a full schedule of new learning opportunities and meaningful activities. Celebrations of all kinds, guests and entertainment, outings and community service opportunities, all work together to create a fun and varied experience.

Improved Health and Enhanced Abilities: LIFE's therapeutic environment promotes healthy lifestyles. The nursing staff ensures that your loved one's personal health and care needs are met. Exercise and fitness activities, along with on-site physical therapy, help build both gross and fine motor skills.

Positive Outlook: LIFE's warm and accommodating environment, fun activities and caring, professional staff give each participant something special to look forward to each day.



Support for Family Caregivers

LIFE's Adult Day Health brings family caregivers the programs, support and assistance essential to successful caregiving. While your loved one enjoys spending time with us, you will benefit from:

Peace of Mind: You can work or attend to personal matters worry-free, knowing your loved one is having a fun and productive day. LIFE's safe environment coupled with our supportive professional staff contribute to your peace of mind.

Convenient and Affordable Care: LIFE offers both convenience and flexibility. Financial assistance is available for participants who meet eligibility guidelines through DHS Aging Services or theDDSD waiver.

Confidence in Your Decision: LIFE's Adult Day Health staff will work with you to create an individualized plan of care, ensuring that your loved one's needs and personal goals are being addressed.

On-going Support: As a partner with you in the care of your loved one, the LIFE staff is always willing to provide a listening ear and encouragement. Support groups, workshops, and caregiver resource centers are also available.

Three FREE Visit Days

Coupon redeemable for up to three FREE visit days to one of LIFE's Adult Day Health Centers. To arrange your Free Visit Days, call LIFE at (918) 664-9000 and ask for the Family Assistance Coordinator at the site you're interested in visiting. Please let us know when we can expect your visit by notifying us at least 24 hours in advance. We look forward to meeting you!

Offer applies only to new participants. Limit three Free Visit Days per person.