LIFE Senior Services’ 2019 Holiday Project

Schools are back in full-swing, there is a hint of Fall in the air and the holidays are just around the corner! It’s hard to believe, but we are already gearing up for LIFE’s 2019 Holiday Project! The Holiday Project involves purchasing items for holiday bags and/or gifts for one of the 500 seniors who are being served through LIFE’s care management programs and delivering them to their homes.

These seniors are still able to live somewhat independently with the help of LIFE Senior Services and other home and community-based services. Most have very limited incomes and many do not have family nearby. The Holiday Project allows us to reach out to them, reminding them that they are loved and not forgotten.

There are three ways to participate in LIFE’s Holiday Project.

*Stuff a holiday bag.* Volunteers purchase everyday essentials, small gifts and maybe even a few treats and stuff them in the holiday bags provided by LIFE Senior Services. Attached is a list of possible stuffers for your bags. The stuffed bags should be returned to LIFE’s Central office at 5950 East 31st St. by Monday, December 2.

*Adopt a senior.* You will be given a gift tag with two or three personalized gift suggestions from the senior you are buying for. Most of the time, the requests are for pretty simple things – socks, blankets, house shoes, etc. Sometimes an article of clothing, towels or sheets may be suggested. You can choose to purchase whatever you want from the list. You are not being asked to give the individual everything on their list. Seniors can be adopted individually or adopted as a group by your company, club, church or friends and family. Gifts should be wrapped with the gift tag securely taped to the package and returned to LIFE’s Central office by Monday, December 2.

*Deliver holiday bags and gifts.* Once gifts and bags are returned to LIFE, they are sorted, organized and prepared for delivery. Your gifts and bags will be ready for pick-up on Monday, December 9th and will be accompanied by a list of the 5 – 10 people along with their addresses and phone numbers. All deliveries should be completed no later than Sunday, December 22.

Thank you for your interest in making the holidays a little brighter for seniors in our community. If your group would like to participate in the Holiday Project, please complete the enclosed form and return it to me by Monday, October 19th. If you have any questions, I can be reached at (918) 664-9000, ext. 1186 or emailed at jthompson@LIFEseniorservices.org.

Jennifer Thompson, CVA
LIFE Senior Services

Thank you for your support of the Holiday Project,
It would not be possible without you!
2019 Holiday Project

2019 Holiday Project – Registration Form

Name(s) _____________________________________________________________

Company, Church or Group Name ________________________________________

Address: ______________________________________________________________________

City, State and ZIP _______________________________________________________

Email _________________________ Phone # _________________

How would you like to participate in LIFE Senior Services 2019 Holiday Project?

______ Purchase products for and stuff holiday gift bag(s)

______ Adopt a senior and purchase and wrap a personalized gift for him/her

______ Deliver holiday bags and gifts to seniors’ homes

_______ I can’t help this year, but I’d like to provide the enclosed donation.

_______ I can’t help this year, but please keep me on your list for 2020.

_______ Please remove my name from your list.

Please return your completed form to Jennifer Thompson at LIFE Senior Services by Monday, October 19 via mail, fax or email. If you prefer, you can also submit your registration online at www.LIFEseniorservices.org.

Once your registration has been received, Jennifer will contact you either by phone or email about your holiday project.

Thank you for supporting LIFE Senior Services and the seniors that we serve. I look forward to hearing from you soon. Happy Holidays!

Jennifer Thompson CVA
LIFE Senior Services
5950 East 31st Street
Tulsa, OK 74135
(918)664-9000, ext 1186
Fax – (918) 664-9922
jthompson@LIFEseniorservices.org

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Stocking Stuffer Suggestions

- Food gift cards (grocery)
- Canned/non-perishable food
- Moisturizing Soap
- Body or Hand Lotion
- Lip Balm
- Razors/Shaving cream
- Shampoo/Conditioner
- Tooth paste
- Tooth brush
- Deodorant
- Hair brush/Comb
- Denture cleaner
- Eye glass cleaner
- Manicure Kit and Nail Polish
- Hair accessories
- Large Print Playing Cards
- Large Print Crossword Puzzle
- Word Game Books
- Craft kits
- Books
- Folding Umbrella
- Gloves
- Scarves

- Winter hat
- Blankets
- Holiday Pins
- Holiday Decoration
- Phone Cards
- 2020 Calendar
- Socks with Foot Grips
- Small Stuffed Animal
- Note Cards with Postage
- Stamps
- Assorted Greeting Cards with Postage Stamps
- Memo Pads (5”x7”)
- Flashlight with Batteries
- Jar Opener
- Wrist Key Ring Holder
- Night Light
- Jewelry
- Travel pack tissues
- Sewing kit
- Cleaning supplies
- Paper towels
- Toilet paper