

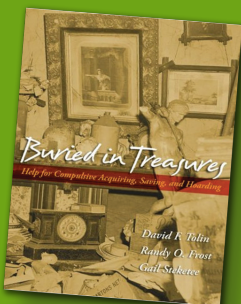


Randy O. Frost, Ph.D. is an internationally-recognized expert on obsessive-compulsive disorders and hoarding disorder.

A professor of psychology at Smith College in Northampton, MA, he has published several books and more than 150 scientific articles on the topic.

In 2012 he was awarded the Lifetime Achievement Award for excellence in innovation, treatment and research in the field of hoarding and cluttering by the Mental Health Association of San Francisco.

In 2010, Frost's book *Buried in Treasures* received a Self-Help Book of Merit Award from the Association for Behavioral and Cognitive Therapy.



You can still be a sponsor. For details, call Mickey Hinds (918) 664-9000.

LIFE Senior Services is your link to:

- Adult Day Health
- Affordable Housing
- Caregiver Resources and Support
- Case Management
- Information & Resource Counseling
- LIFE's Vintage Guide to Housing & Services
- LIFE's Vintage Newsmagazine
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- LIFE PACE
- Senior Centers



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LIFE SENIOR SERVICES PRESENTS

BURIED IN TREASURE

Understanding & Treating Hoarding Disorder One Day Event



**Professional Workshop,
and Community Presentation**

**April 18, 2019
Legacy Plaza
5330 E. 31st St. • Tulsa**

**6 CE's with the
nation's foremost expert on
hoarding disorder,
Randy O. Frost, Ph. D.**

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This workshop will provide a broad overview of hoarding disorder and useful interventions. A model for understanding these hoarding problems will be presented, including recent findings regarding hoarding behaviors, emotional attachments and beliefs about possessions. DSM-5 diagnostic criteria will be reviewed along with methods for assessing the severity of the problem. Intervention strategies will be reviewed in detail, including ways to enhance motivation among hoarding clients, how to establish goals for treatment. Potential roles for family members or friends will be described, along with strategies for preventing future clutter problems.

Who should come to this event

- Behavioral Health Professionals
- Case Managers
- Social Workers
- Property Managers
- Home Health Professionals
- Long Term Care Professionals
- Emergency Responders
- Anyone in health, aging or social services network

Professional Workshop

- 8:30 a.m. Sign In
8:45 a.m. Welcome
9:00 a.m. What is Hoarding?
10:30 - 10:45 a.m. Break
10:45 a.m. - 12:15 p.m. Why Do People Hoard?
12:15 a.m. - 1:00 p.m. Lunch Provided
1:00 - 2:30 p.m. How to Intervene
2:30 - 2:45 p.m. Break
2:45 - 4:15 p.m. How to Intervene Continued

**Registration on/before April 1: \$169
(\$199 after April 1)**

6 Hours of CEs

CEs Offered to: Licensed Social Workers, LPC/LMFT, Case Managers, CLEET (mental health hours offered), Psychologists, Home Care Adms., Long-Term Care Adms., RN

Course objectives:

1. Identify specific problems associated with hoarding.
2. Recognize why hoarding occurs and persists.
3. Describe assessment strategies to define specific hoarding problems.
4. Identify intervention strategies.

This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs). Activity Code: #####, Approval # #####. This program has been approved for Continuing Education for 6 total participant hours by NAB/NCERS—Approval #20200417-6-A52363-IN. Approved by the California Board of Registered Nursing CEP16743. CLEET approval number #####.

**Community Presentation:
Understanding
Hoarding Disorder**

5:00 p.m. - 6:00 p.m.
Legacy Plaza
5330 E. 31st St. • Tulsa
Reservations required. Free of charge.

The community presentation will include a description of hoarding disorder, its effect on individuals, families, and steps you can take to deal with the issue. The role of the hoarding task forces and Buried in Treasures workshop will be discussed as well.

Register online at:

www.LIFEseniorservices.org

Call Mickey Hinds (918) 664-9000 or email mhinds@LIFEseniorservices.org

Who Should Attend:

1. Family members of persons with hoarding tendencies
2. Persons who have a hoarding disorder
3. Anyone interested in learning more about hoarding disorder

To register for the workshop or community presentation visit:
www.LIFEseniorservices.org or call Mickey Hinds at (918) 664-9000.