



*Discover  
a whole new way  
to spend the day.*

Redeem for  
**THREE FREE VISITS**  
to LIFE's Adult Day Health.



**LIFE**  
SENIOR SERVICES<sup>SM</sup>



Tulsa Area United Way  
Partner Agency

# Discover what **LIFE** has to offer.

LIFE's three nationally-accredited Adult Day Health locations feature a variety of life-enriching opportunities including group exercise, recreation, arts and crafts, nutritious meals and socialization. In addition, LIFE's Adult Day makes respite for family caregivers possible and is a reliable source of support and encouragement.

## **NORTH**

902 East Pine Street  
Tulsa, OK 74106

## **CENTRAL**

5950 East 31st Street  
Tulsa, OK 74135

## **BROKEN ARROW**

3106 South Juniper Avenue  
Broken Arrow, OK 74012

To arrange up to three free visit days, call LIFE's SeniorLine at (918) 664-9000 and ask for the Family Assistance Coordinator at the location of your choice. Tour the facility, meet staff, learn about the services offered and experience the program first-hand.

*24-hour advance reservations are required. Offer applies only to prospective participants. Coupon is redeemable for a choice of one, two or three free visit days. Limit one coupon per person. Visit days will be scheduled consecutively.*

[www.LIFEseniorservices.org](http://www.LIFEseniorservices.org)

